



ROTARY CLUB OF KOLHAPUR

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ROTARY HERALD



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This week's speaker was **Rtn. Dr. Shriprasad Kulkarni**, a practicing Ayurveda doctor who runs his own therapy center in Rajarampuri, Kolhapur. He began by explaining the meaning of life and health, emphasizing that Ayurveda is not merely a traditional form of healing but an essential aspect of modern lifestyle as well. According to Dr. Kulkarni, the five elements that constitute everything in the universe are also responsible for the processes occurring in our bodies. Therefore, even in today's fast-paced world, it is crucial to balance these elements properly.

Dr. Kulkarni highlighted how chemical and hormonal changes in our bodies can lead to various health issues, affecting systems such as the respiratory, gastrointestinal, and orthopedic. He stressed that small modifications in our lifestyle can significantly improve how our bodies manage these elements and control different organs more effectively.

He presented several case studies where patients, who had found no relief through other medical treatments, experienced significant improvements through Ayurveda. The session was eye-opening for everyone present, helping them realize that Ayurveda is not just about oils and massage therapies but a profound approach to leading a healthy and fulfilling life.

Rtn. Pradeep Karande was the seating president, **Rtn. Dr. Shriprasad Kulkarni** was the lucky rotarian, while **Rtn. Mohan Gargate** proposed the vote of thanks.



ROTARACT CLUB OF KOLHAPUR RECEIVED AWARDS AT DISTRICT ANNUAL AWARDS

Rotaract Club of Kolhapur got Awards in District Annual Awards of Rotary International year 2022-23 by PDRR Aniket Jadhav, where in Rtr Atharva Dhanal was president and Rtr Bhushan Thakkar was secretary.

Awards Received:

1. Best Club RID 3170 - Rac Kolhapur
2. Best Female Rotaractor - Rtr. Bhagyashree Sarda
3. Best club in International Service Avenue - Rac Kolhapur

On going year 2023- 24 Conference 'Anubhuti' we received an award for Best Dance Performance in Conference - Rtr. Shubham Kusaale .



ACHIEVEMENTS CORNER



Kunal Patel

Rtn. Jethalal Patel & Ann
Maniben's grandson
Scored 93.40% (X CBSE)



Yuthika Arvind

Rotakids secretary Yuthika Arvind won First Prize at the National Dance competition by ABSS Pune. She excelled in Bharatnatyam, securing First in Solo Junior and Group categories, and Second in Duet Senior. Her performances were highly praised by judges and the audience.

CONGRATULATIONS TO ALL!

UPCOMING BIRTHDAYS

- 27 May** Rtn. Sachin Anuje
28 May Rtn. Pradeep Karande
01 June Rtn. Prabhakar Patil
01 June Rtn. Suresh Gulavani
01 June Rtn. Shankar Patil

UPCOMING ANNIVERSARIES

- 26 May** Rtn. Prasad Dabeer & Ann Seema
28 May Rtn. Dr. Gurudas Harshe & Ann Gayatri
28 May Rtn. Dr. Aditya Upadhye & Ann Komal
29 May Rtn. Bhupendra Shah & Ann Pramila
29 May Rtn. Sahil Gandhi & Ann Nikita
30 May Rtn. Suresh Gulavani & Ann Alaka



ROTARY CLUB OF KOLHAPUR'S ROTARY SAMAJ SEVA KENDRA BUILDING

WEEKLY MEETING

29 MAY 2024 | 05:30PM

CLUB BUSINESS MEETING

VENUE : RSSK, KOLHAPUR

UPCOMING EVENTS

1,2
JUNE 2024

DISTRICT TRAINING ASSEMBLY

VENUE : JNMC, BELGAVI

05
JUNE 2024

ROTARY SAMAJ SEVA PURASKAR

VENUE : RSSK, KOLHAPUR

GET IN TOUCH

ROTARY CLUB OF KOLHAPUR

WE MEET EVERY WEDNESDAY AT 5.30 PM

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